

CHSLTT
8天
Days
7晚
Nights

香格里拉+去有风的地方

SHANGRI-LA + MEET YOURSELF

昆明 / 石林 / 楚雄 / 大理 / 丽江 / 香格里拉
Kunming / Shilin / Chuxiong / Dali / Lijiang / Shangri-La

丽江 LJJ 昆明 KMG

转机 Transit



特色安排

SPECIAL ARRANGEMENT

- 全程不入购物店 Zero Shopping Shop
- 季节性赏花点 Seasonal Flower Spot
- 东方圣托里尼-理想邦 China Santorini - Ideal City
- 乘搭动车丽江-昆明 Take Speed Railway Lijiang-Kunming
- 张艺谋《印象丽江》大型实景表演 Zhang Yimou 《Impression Lijiang Show》 Live Performance



行程特点 ITINERARY HIGHLIGHTS

- 中国历史文化名城【丽江古城】
China Historical Town 【Lijiang Ancient Town】
- 天下第一奇观【石林风景区】
World Wonder 【Shilin National Scenic Area】
- 纳西族神山【玉龙雪山】
Naxi God Mountain 【Yulong Snow Mountain】
- 云南九寨【蓝月谷风景区】
Yunnan Fairy Wonderland 【Blue Moon Valley】
- 小布达拉宫【松赞林寺】
Little Potala Palace 【Sungtseling Monastery】
- 去有风的地方【沙溪古镇】 Meet Yourself 【Shaxi Ancient Town】
- 中国最深峡谷【虎跳峡】 China Deepest Canyon 【Tiger Leaping Gorge】

* 含票 Include Ticket * 世界遗产目录 World Heritage Sites



膳食 MEALS

- 藏式风味 Tibetan Cuisine
- 烤鸭风味 Roasted Duck
- 过桥米线 Yunnan Rice Noodles
- 彝族民俗风味宴 Yi Folk Custom Feast
- 地道野生菌火锅 Wild Mushroom Steamboat
- 纳西晚宴+篝火打跳 Naxi Feast + Campfire Dance
- 三道茶+歌舞+喜洲耙耙 Three Course Tea + Performance + Scone
- 白族风味 Bai Cuisine
- 砂锅鱼风味 Claypot Fish
- 三文鱼火锅 Salmon Fish Steamboat



酒店特色 HOTEL HIGHLIGHTS

- 住宿当地 4+5 星级酒店 Stay At Local 4+5 Stars Hotel



乐趣购物 FUN SHOPPING

- 丽江古城 Lijiang Ancient Town
- 大理古城 Dali Ancient Town
- 南强街巷 Nanqiang Pedestrian Road



飞机 Flight
往 Toward
地点 Destination
过夜 Overnight
注：以上的行程地图只供参考，
如突发状况我们会保留更改行程的权利。
Remark: Route are subject to change
based on any circumstances.

网红首推热门打卡点
Internet Famous Photo Spots

沙溪古镇
Shaxi Ancient Town
圣托里尼-理想邦
Santorini - Ideal City
季节性赏花点
Seasonal Flower Spot



玉龙雪山
Yulong Snow Mountain



石林风景区
Shilin National Scenic Area

第 1 天 出境 ✈️ 中转城市 ✈️ 昆明 84km 石林 机上用餐/晚

集合于国际机场，乘搭国际航班飞往素有春城之美誉的城市-昆明。

安排季节性赏花行程:

- 1) 二月下旬-三月下旬: 万亩樱花谷花海
- 2) 四月中旬-五月中旬: 赏独有蓝花楹
- 3) 九月下旬-十月下旬: 金秋菊花展
- 4) 十月下旬-十一月下旬: 云南枫叶季

第 2 天 石林 240km 楚雄 早午晚

石林风景区(含电瓶车): 历经3亿年，形成了极为珍贵的地质遗迹，涵盖了地球上众多的喀斯特地貌类型。分布 面积三百余平方公里，石林境内奇峰壁立，千姿百态，如笋似剑、有的巨石欲坠、有的酷似动物形象，奇妙景观层出不穷。

彝人古镇(夜游): 彝族是中国少数民族中有文字、历法和独特传统文化的民族之一。

第 3 天 楚雄 175km 大理 早午晚

理想邦(含上行电瓶车): 一个风格独特建筑群，临洱海而建，俯视仿佛倚靠苍山，里面有很多漂亮的民宿，被称为东方圣托里尼小镇。小镇大部分建筑都是以白色、浅褐色为主，具有浓浓的欧式建筑风格。

喜州白族民居: 一边品尝白族“三道茶”，一边观赏白族歌舞表演。

大理古城: 城中有一贯穿南北的大街，街边有各种专卖大理石制品、扎染、草编等名产品的店铺和风味十足的白族饮食店。

洋人街: 原名为护国路，意为民国初云南人民反对袁世凯称帝，起兵护国而得名。

第 4 天 大理 322km 香格里拉 早午晚

沙溪古镇: 寻觅茶马古道上保存完整的古市集，位于大理和丽江之间历史悠久的小镇。古镇有古寺庙、古戏台、古商铺、古马店、古老的红砂石板街道，以及百年古树、古巷道、古寨门等等。

虎跳峡(含上下扶梯): 中国云南省丽江一处峡谷，位于玉龙与中甸之间的金沙江干流上。相传金沙江逢枯水期时，有猛虎下山，在此江中的礁石上稍一脚后腾空便越过，故称「虎跳峡」，江中的礁石则称作「虎跳石」。

和谐塔中塔: 顾名思义，即指塔外有塔，塔在塔中。该塔在原平安吉祥塔之基础上进行扩建，是按藏传佛教塔中塔的方式构建。和谐塔中塔高一百零八米，塔基七十米见方，目前是白塔中体量最大者，且造型稳重大方。

独克宗古城: 古城依山势而建，它是按照佛经中的香巴拉理想国建成的，有“建在石头上的城堡”和“月光城”两层含义。

龟山公园: 公园入口处有一很大的水池，清澈透亮，是古井的泉水，水可直接饮用，以前城里许多人生活用水都是取自这里的。

独克宗古城转经筒: 香格里拉独克宗古城内的转经筒是世界上目前最大，最高的转经筒，高21米，总重60吨，筒身为纯铜镀金，筒壁上浮雕文殊、普贤、观音、地藏四大菩萨。

第 5 天 香格里拉 185km 丽江 早午晚

松赞林寺(含环保车): 由五世达赖亲自赐名。松赞林寺依山而建，远望与拉萨布达拉宫颇有些相似，因其规模宏大，故有“小布达拉宫”的美誉。

纳帕海: 位于香格里拉县城西北部，是高原季节性湖泊。纳帕海四季景致各有特色，夏末秋初是雨季，此时水量较大，纳帕海是一大片湖泊，湖边是一小片草场。

藏民家访: 进到藏家，扎西在门口献哈达卓玛敬青稞酒，然后迎入大厅。大厅是旅游接待中心，能够容纳300个游客。

丽江古城: 此古城1997年联合教科组织认定为世界文化遗产城内景色优美、小桥流水，别有一番景色。

四方街: 位于丽江古城中心，以五彩石铺地，平坦洁净、雨不积水。

黑龙潭: 玉泉公园，从四方街沿经纬纵横的玉河溯流而上，约行一公里抵达黑龙潭。

第 6 天 丽江 早午晚

玉龙雪山(含大索道+环保车): 中国最南的雪山，也是横断山脉的萨鲁里山南段的名山，世界上北半球纬度最低、海拔最高的山峰。

游览四千五百零六米海拔之雪山冰川公园。(视天气情况而定)

甘海子: 天然的大牧场，不时眼前还有牦牛走过，一派高原牧场风光。在甘海子可看到玉龙雪十三个峰依次排开，是仰视玉龙雪山全貌最近的、也是最佳的地方。

蓝月谷风景区(含电瓶车): 云南九寨之称。晴天时，水的颜色是蓝色的，山谷呈月牙形，远看就像一轮蓝色的月亮镶嵌在玉龙雪山脚下；雨天时水会变成白色。

玉水寨: 以纳西民族文化为核心，与自然景观完美融合的风景名胜。“山有多高，水有多高”，这是人们对玉水山寨的赞誉。

束河古镇: 又称作龙泉村，这个古老的村落坐东朝西，古镇的后山则是巍峨壮丽的玉龙雪山的余脉。是茶马古道上保存完好的重要集镇。

束河时光/阿黑哥: 体验当地的篝火晚会以及打跳活动。

第 7 天 丽江 昆明 早午晚

东西寺塔: 始建于唐南诏时代。巍巍双塔，一东一西，遥遥相望、古色古香。

金马碧鸡坊: 高12米宽18米，具有昆明民俗特色、雕梁画栋、精美绝伦，东坊临金马山而名为金马坊，西坊靠壁鸡山而名为碧鸡坊。

近日楼: 昆明人誉为“接近太阳的高楼”，昆明的南大门，又称为丽正门。

南强街巷: 这个充满了历史与烟火气息的街区，以颇具民族特色的小商品和地方小吃，成为游客体验春城饮食文化和夜生活的首选之一。

第 8 天 昆明 ✈️ 入境 早午/机上用餐

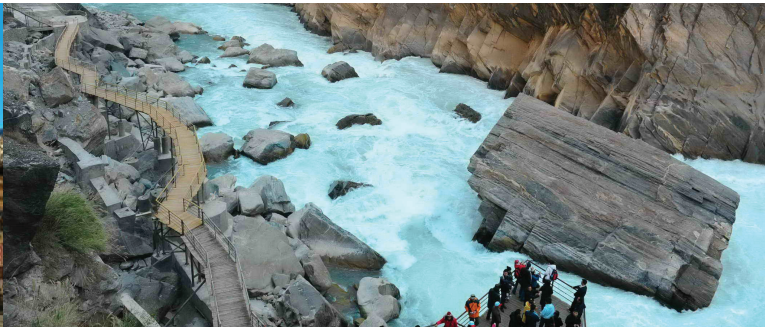
大观楼: 大观楼为一座三重檐攒尖顶云南传统古建筑，平面呈方形，四周设有月台，南面面水，月台周边为石灰岩方整石所砌，上壘石板，建筑西面和长廊相接。

旅程结束，送往机场乘搭客机飞返美丽的家园。
鸿运期待与您再次出发！





沙溪古镇
Shaxi Ancient Town



虎跳峡
Tiger Leaping Gorge

Day 1 Depart ✈️ Transit City ✈️ Kunming 84km Shilin MOB/D

Assemble at international airport, departure flight to Kunming- capital of Yunnan, China.

Seasonal Flower Special Itinerary:

- 1) End of Feb - End of Mar: Tens Thousands Acres Cherry Blossom
- 2) Mid of Apr - Mid of May: Admire Unique Jacaranda Mimosifolia
- 3) End of Sep - End of Oct: Golden Chrysanthemum Exhibition
- 4) End of Oct - End of Nov: Yunnan Maple Leaf Season

Day 2 Shilin 240km Chuxiong BLD

Shilin National Scenic Area (Include Buggy): To see all the typical karst stone forest landforms such as waterfalls, lakes and karst caves.

Yiren Ancient Town (Night Tour): Yi nation is one of the Chinese minority's ethnic with literal, calendar and unique traditional culture.

Day 3 Chuxiong 175km Dali BLD

Ideal City (Include Upward Buggy): A unique buildings near the Erhai Lake, looking down as if leaning on Cangshan Mountain, known as the China Santorini. Most of the buildings are mainly white and light brown, with a strong European architectural style.

Bai Race Village: The houses are among the best examples of Qing architecture in China. While enjoying watching traditional dance, local people will serve one of the special traditional tea, Three Course Tea.

Dali Ancient Town: There is a street cover north-south of the town, has a variety of shops which selling marble products, handicrafts and local people products.

Foreigner Street: Where early opposition of Republican People's to Emperor Yuan took place.

Day 4 Dali 322km Shangri-La BLD

Shaxi Ancient Town: Located roughly halfway between Dali and Lijiang, played an important role as a bustling trade point on the Tea Horse Caravan Road. The Old Theatre, Yujin bridge, Xingjiao Temple and Ouyang Courtyard make it a perfect fit to meet old China.

Tiger Leaping Gorge (include Two Way Escalators): A scenic canyon on the Jinsha River, a primary tributary of the upper Yangtze River. Located 60km north of Lijiang City, Yunnan in southwestern China. It is part of the Three Parallel Rivers of Yunnan Protected Areas World Heritage Site.

Harmony Tower: The tower is expanded on the basis of the original Ping An Jixiang Pagoda, and it is constructed in the way of a Tibetan Buddhist pagoda. The middle tower of the Harmony Pagoda is 108 meters high, and the tower base is 70 meters square. It is currently the largest in the White Pagoda, and its shape is stable and elegant.

Du Ke Zhong Ancient Town: The town are full of Tibet style building, with white color, when at night reflection of moon light will be seen very beautiful view.

Gui Shan Park: One of the mountain located in Sangri-La city.

Ancient Prayer Wheel: World's larger prayer wheel barrel in copper gold plated, tube high 21m, the total weight of 60 tons, walls of sunken in high relief Manjusri, Samantabhadra, Guanyin the Bodhisattva.

Day 5 Shangri-La 185km Lijiang BLD

Sungtseling Monastery (Include Buggy): Tibetan Buddhist monastery situated 5 kilometres from the city of Zhongdian at elevation 3,380 metres in Yunnan province, China.

Napahai Nature Reserve: Means "the lake besides forest". A seasonal mountain lake, and also one of the few the thermal alpine swamp and swamp meadow in Yunnan province.

Tibetan Home Visit: During the visiting in the Tibetan family, drink buttered tea is must-do. Buttered tea as well as the coffee in Western countries is an important part of Tibetan's life. Tibetan cultural heritage part of the Tibetan cultural heritage and are equally worthy of study and preservation.

Lijiang Ancient Town: Also known as 'Oriental Venice'. A well-preserved old city of ethnic minorities with brilliant culture, listed in UNESCO World Heritage in 1997. Continue visit to Sifang Street, the center of the town.

Quartet Street: Located in the ancient city of Lijiang, with colorful stone pavement.

Black Dragon Pool: It also known as Yuquan Park and it provides a haven for bird and water-life, with spectacular plants. Surrounding the pool, within the park's landscape, are ancient monuments.

Day 6 Lijiang BLD

Jade Dragon Snow Mountain (Include Cable Car + Shuttle Bus):

Famous for its variant and beautiful natural scenes, considered sacred mountain among the local Naxi ethnic people. (Subject To Weather Condition)

Ganhaizi: An open meadow in the east side of Jade Dragon Snow Mountain, you can see all kinds of trees and flowers, orchids, wild peony, snow lotus and so on.

Blue Moon Valley (Include Buggy): It is like a blue moon inset at the bottom of the Jade Dragon Snow Mountain, thus it wins the beautiful name Blue Moon Valley.

Jade Water Village: Is a small village in Lijiang City and is a Dongba cultural centre. It is home to the Naxi tribal people.

Shuhe Ancient Town: Also called as Longquan Village, Qinglong Bridge has a history of more than 400 years. The entire bridge was built with stones and decorated by verdant willows, which form a famous scenic spot in Shuhe.

Shuhe Time / A Hei Ge: Experience the local campfire party and dancing activities.

Day 7 Lijiang 昆明 Kunming BLD

Dong Xi Pagoda: The ancient twin towers built in Dynasty Tang.

Golden Horse & Jade Rooster Memorial Archways: They were built in the reign of Emperor Xuande in the Ming Dynasty, giving them a history of 400 years at present. Both have distinctive ethnic characteristics and are considered the symbol of Kunming.

Jinre Tower: The imposing and magnificent Jinri Tower originally built in the Yuan Dynasty is dubbed as "The Tower near the Sun" in the past. Also called Lizheng Gate.

Nanqiang Pedestrian Street: This street has become one of the first choices for tourists to experience the food culture and nightlife with its small commodities and local snacks with ethnic characteristics.

Day 8 Kunming ✈️ Return BL/MOB

Daguan Pavilion: Daguan means "the grand view", and since can enjoy a very grand view on the pavilion thus it gets the name. In addition to enjoy the beauty, you will find a miracle on the pavilion - the longest couplet in the world.

End of journey, return flight to home.

IO Travel hope to serve you again soon !





印象丽江
Impression Lijiang Show



独克宗古城
Du Ke Zhong Ancient Town



丽江古城
Lijiang Ancient Town



理想邦
Ideal City

20231215

出发日期 DEPARTURE DATE :

团费 TOUR FARE :

必须符合条款：

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3. 旅游细则与附带条件，以收据背项为准。
4. 自由活动期间自费项目由客人自行选择与付费。
5. 如有包含门票，将特别注明。
6. 如有购物站，将特别注明。
7. 旅程以华语、粤语或英文讲解。
8. 每团至少16位成员才能铁定出发。如团体少于16为成员，本公司保留决定操作或取消此行程。
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- 2) All flight are subject to changes without prior notice.
- 3) All Booking will be subjected to terms and conditions as stipulated in the official receipts.
- 4) Participation of optional tours will be at passengers own expense.
- 5) Admission and entrance ticket will be included where specified.
- 6) Shopping stops will be included where specified.

- 7) Tour is conducted in Chinese, Cantonese or English.
- 8) Minimum group size of 16 passenger is required for a confirmed departure. Group size of 15 and below will solely be at discretion of iO travel.
- 9) All hotel rating are based on local standard. In the event that accommodation of the stated hotel is unavailable, it will be replaced by hotel of similar standards.
- 10) Room types are based on run of house an allocated by respective hotels. iO will not be responsible for the differences of the room allocated.
- 11) iO travel recommends you to buy travel insurance for your travel related coverage.
- 12) In the event if discrepancies between English and Chinese itinerary, please refer to Chinese Version.



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